

NUTRITION PRIORITIES



Food security experience of households

Severely food insecure households



November, 2024



A World Free from Hunger and Malnutrition is Possible



Outline



THE REPUBLIC OF UGANDA

- a. Introduction
- b. State of food security
- c. State of Nutrition security
- d. Food Poverty in Uganda
- e. Challenges
- f. Conclusion

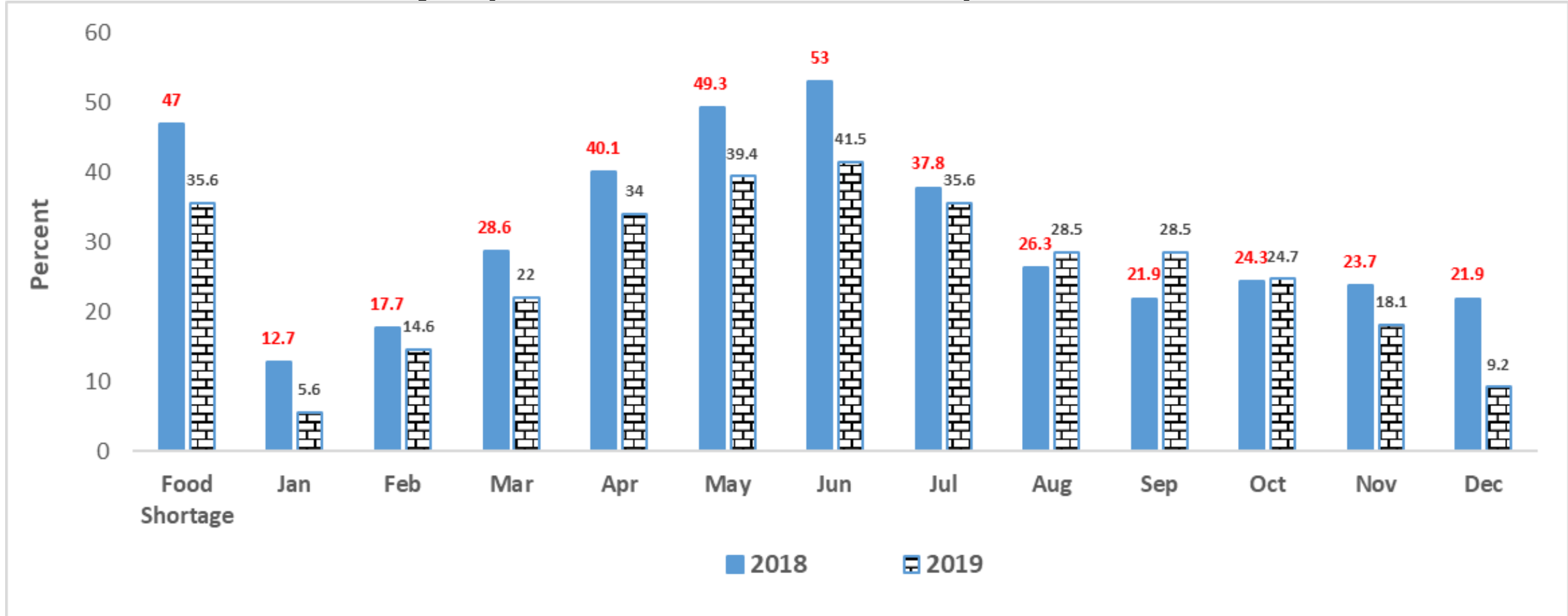


State of Food security



THE REPUBLIC OF UGANDA

Household Food Security Experience in 2018 and 2019, percent



In Uganda, between April- June, most households experience food insecurity

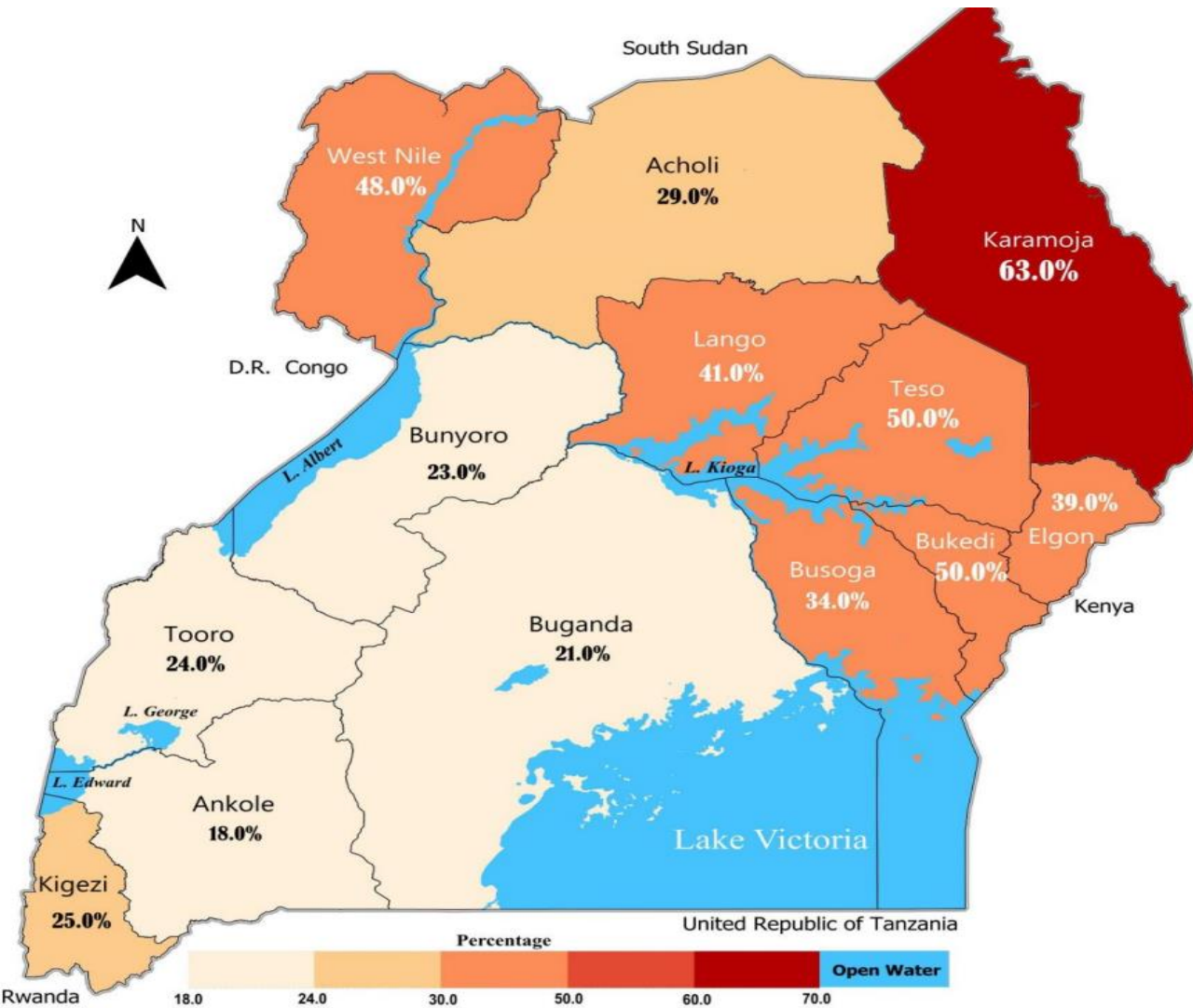


State of Food security 2024

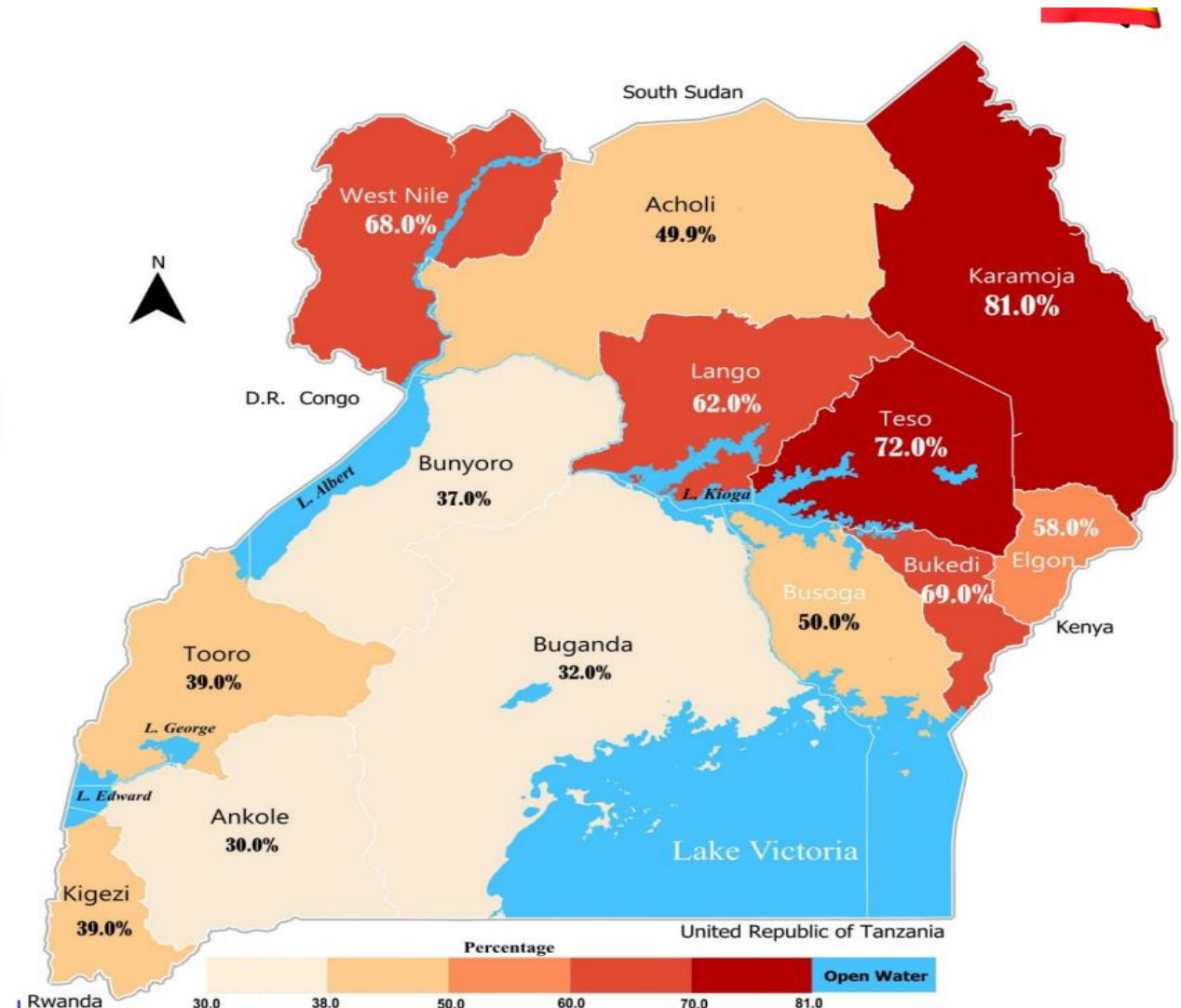


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Severe Food Insecurity



Moderate Food Insecurity



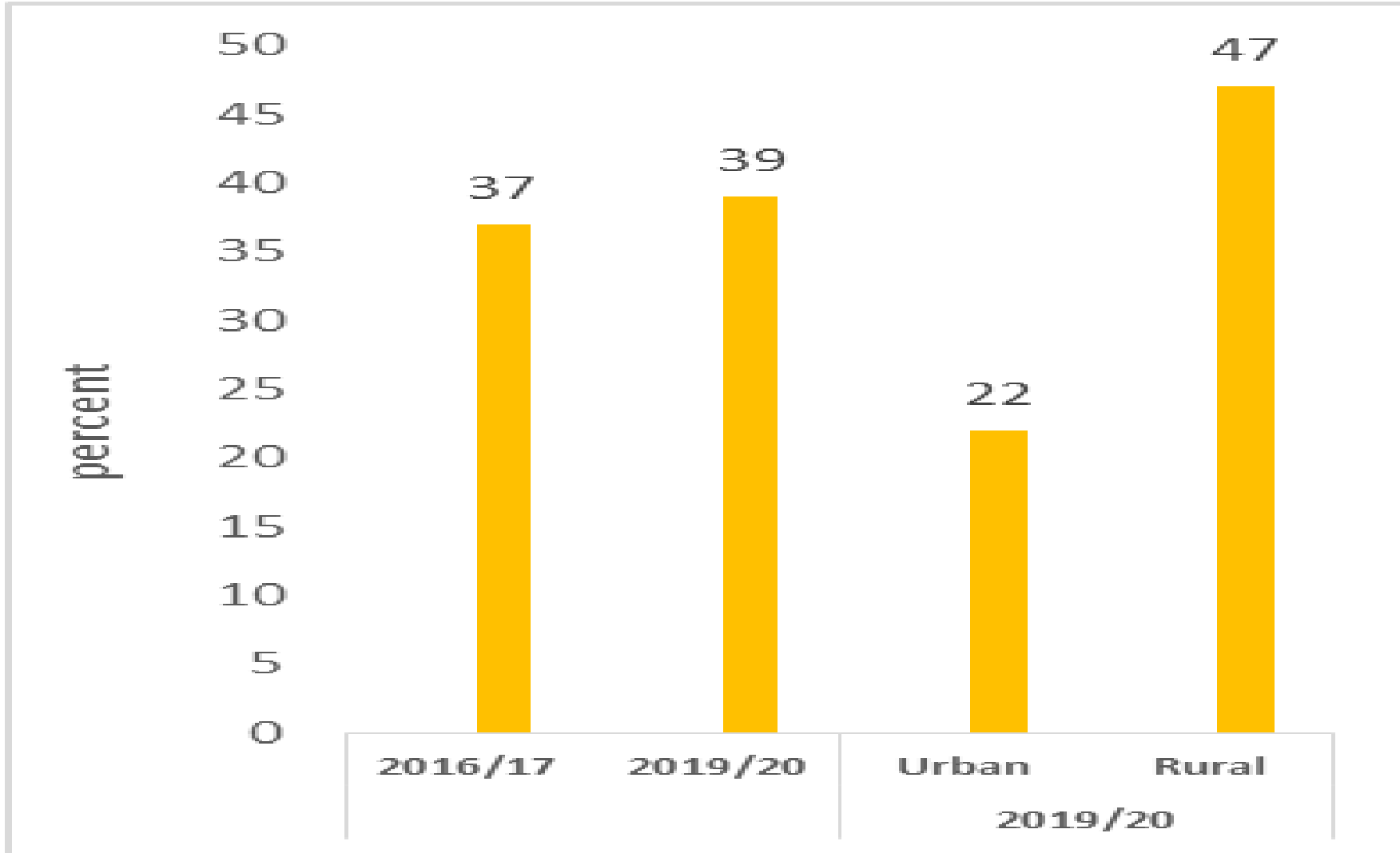


Food Poverty in Uganda



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Food Poverty Levels in Uganda, rural-urban, 2016/17 – 2019/20, percent.



Every four in ten households did not consume sufficient quantity of food with the proper nutrient content.

Rural households experienced twice more prevalence of food poverty than urban households in 2019/20.



State of Nutrition security



THE REPUBLIC OF UGANDA

According to FAO, there is nutrition security when the diet consumed by an individual involves at least five of the 10 recommended food groups on any reference date, whole day or whole night.

The 10 recommended food groups are:

- 1) Grains, white roots, tubers, and plantains,
- 2) Pulses (beans, peas, and lentils),
- 3) Nuts and seeds,
- 4) Milk and milk-related items
- 5) Meat, poultry, and seafood
- 6) Eggs,
- 7) Dark green leafy vegetables, 8) vitamin A-rich fruits and vegetables, 9) Other veggies, and 10) Other fruits.

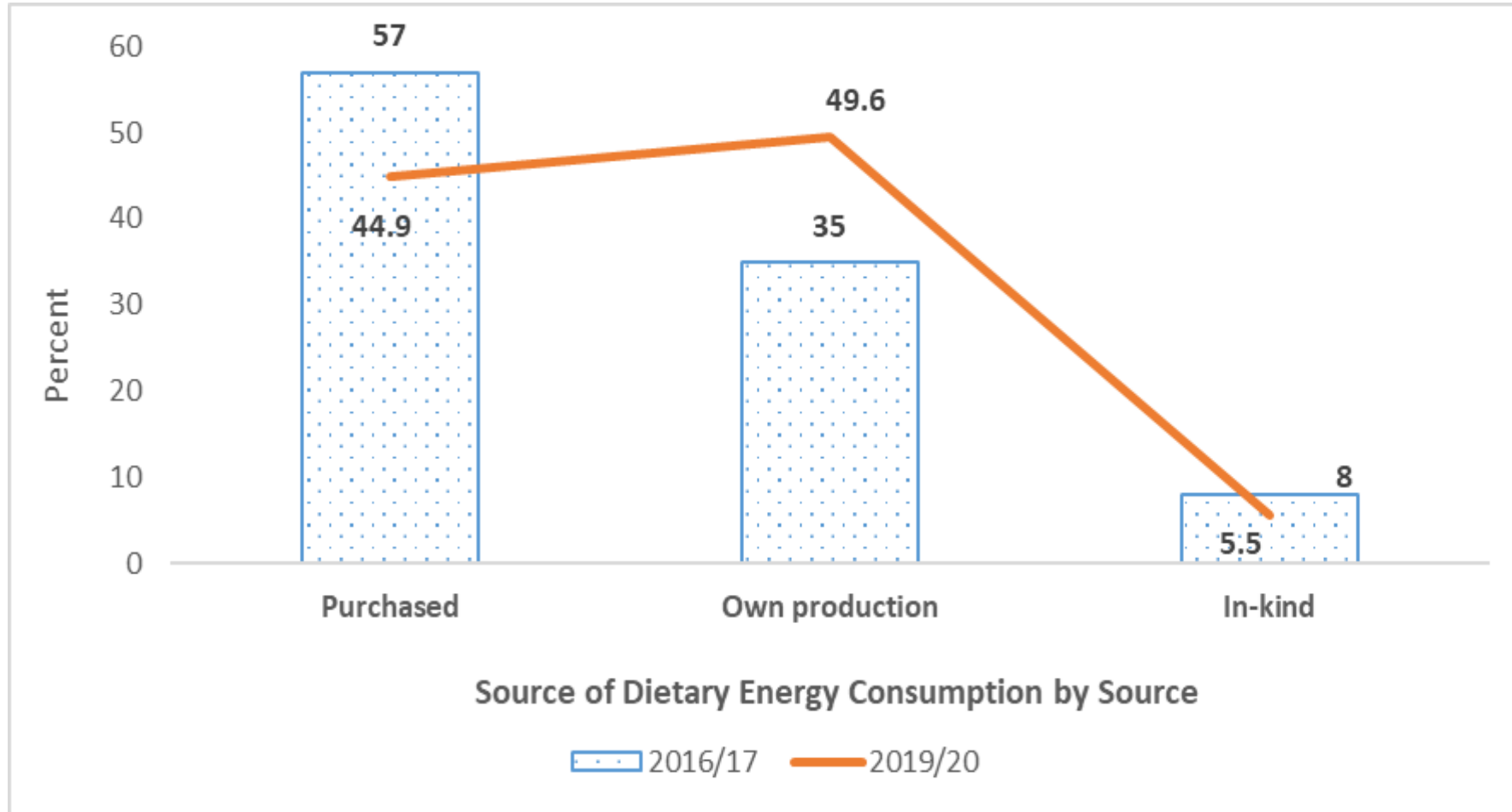


State of Nutrition security



THE REPUBLIC OF UGANDA

Household Dietary Energy Consumption (DEC) by Source of Food in Uganda, 2016/17 – 2019/20, percent.



The proportion of the dietary energy from purchased food is 45% .

Households with without income, or having low and unstable incomes face higher chances of lacking nutrition security

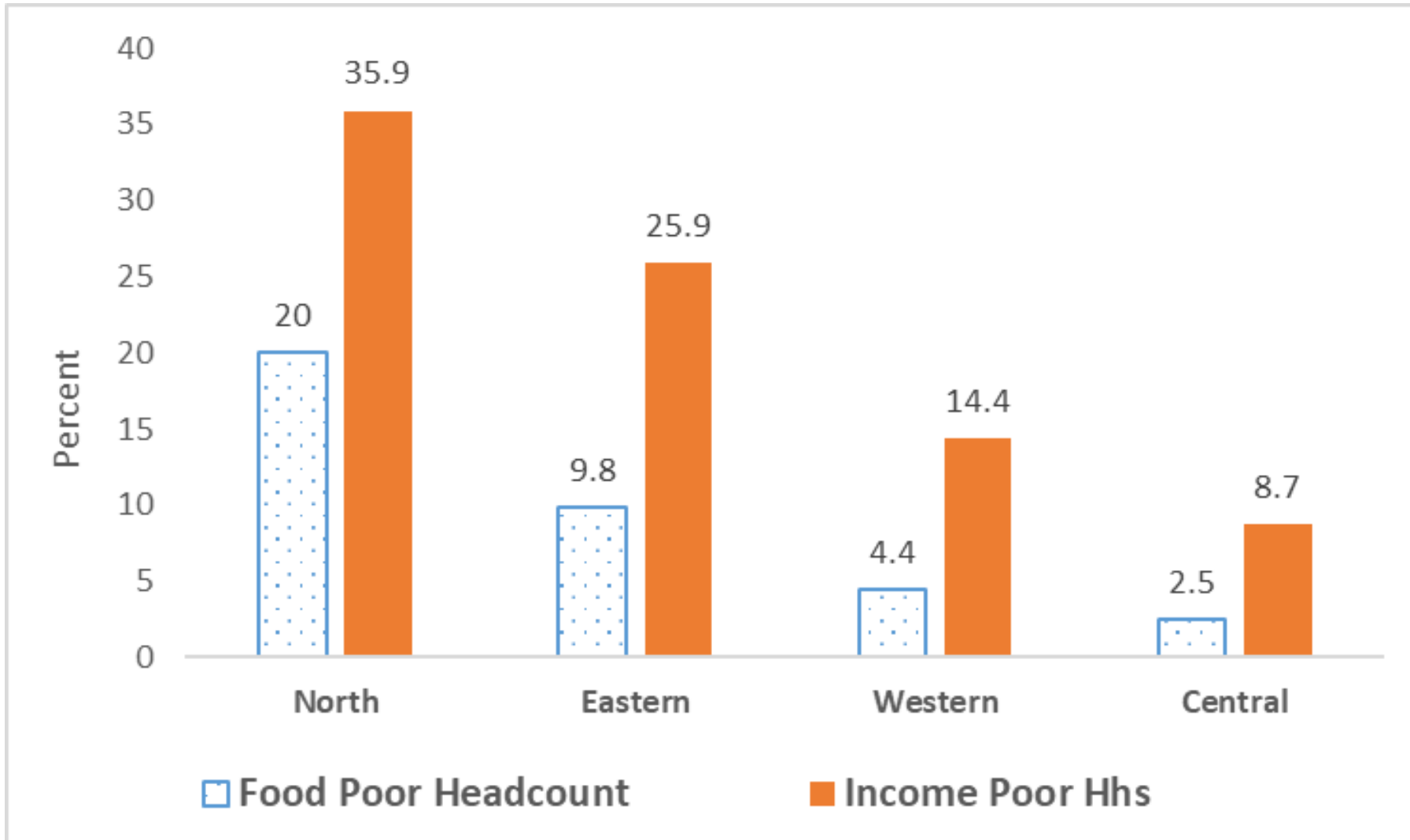


Food Poverty in Uganda



THE REPUBLIC OF UGANDA

Food Poverty and Income Poverty by Region in Uganda 2019/20, percent

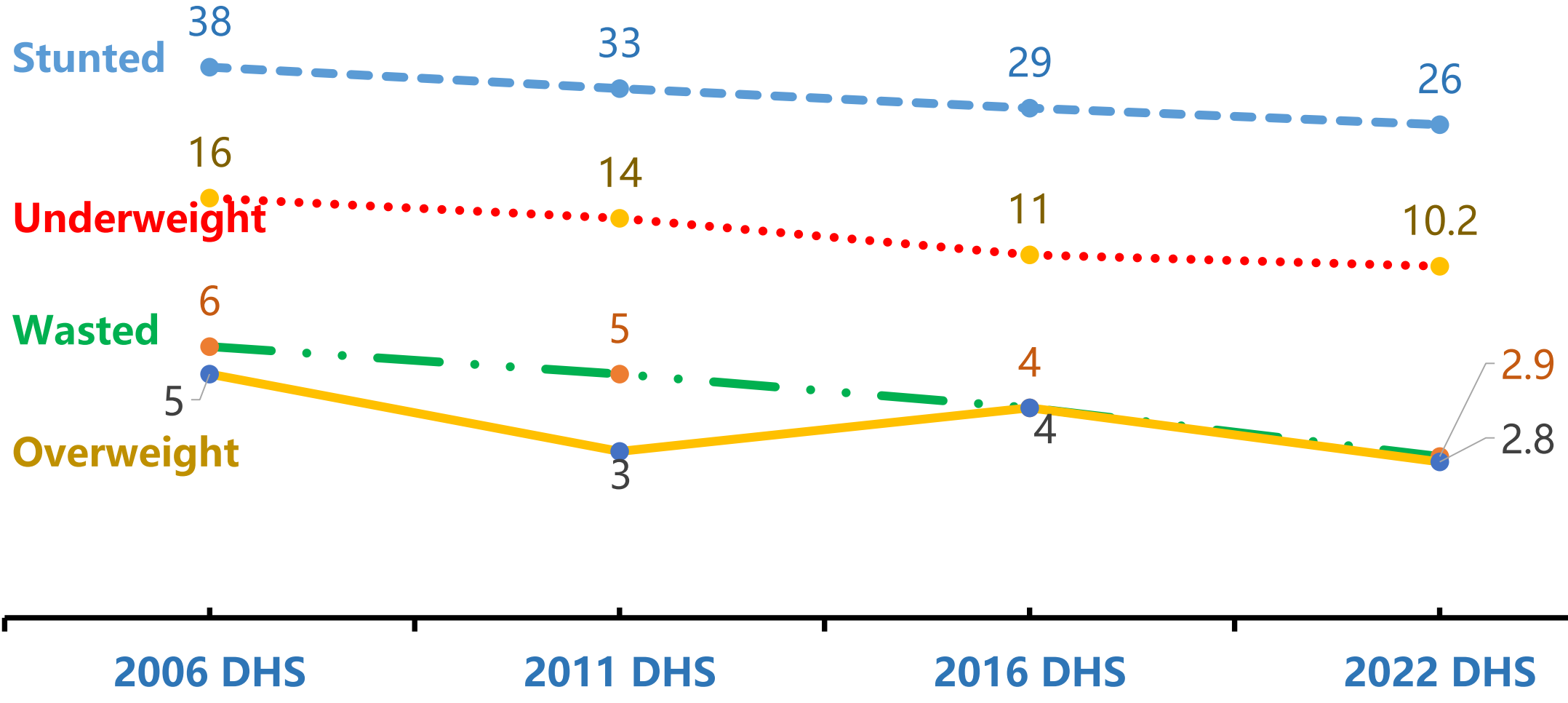


Food poverty has direct linkage to income poverty.

Income poor households are most likely to experience food poverty.

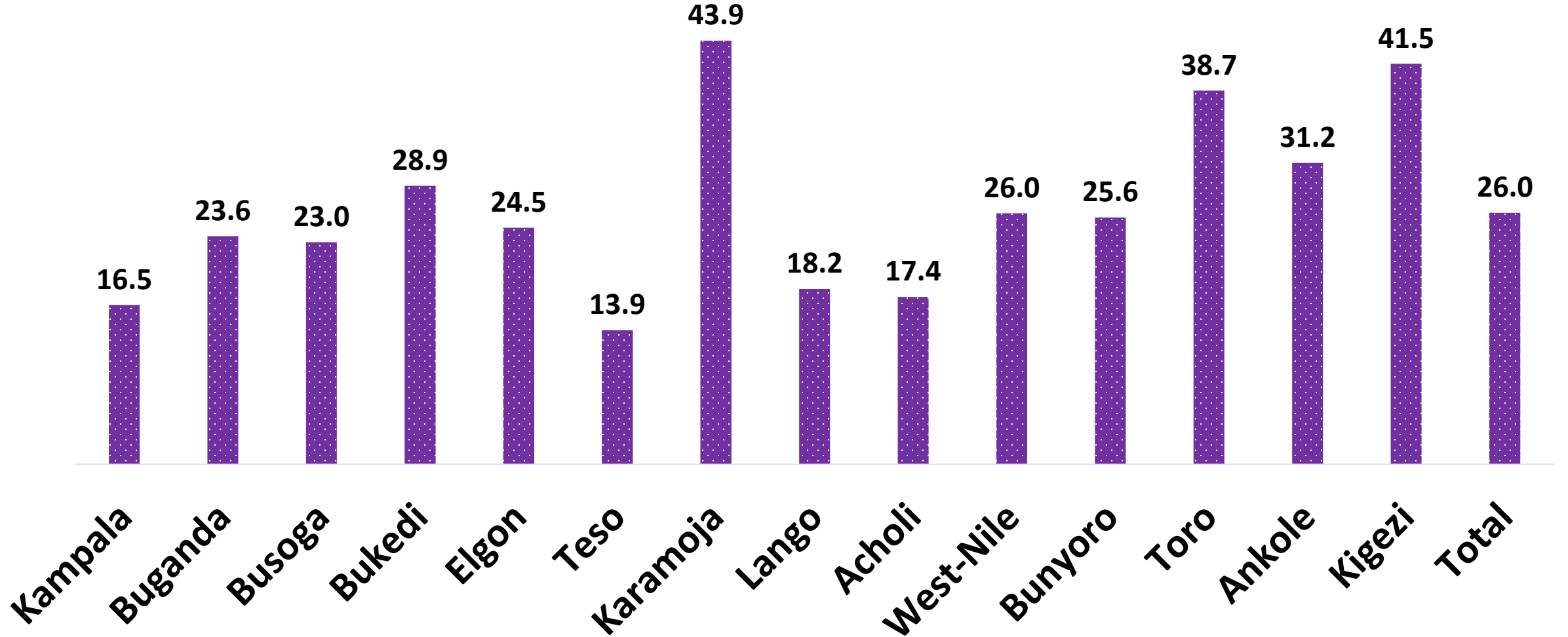
TRENDS IN CHILD GROWTH MEASURES

Percent of children under 6 -59 months



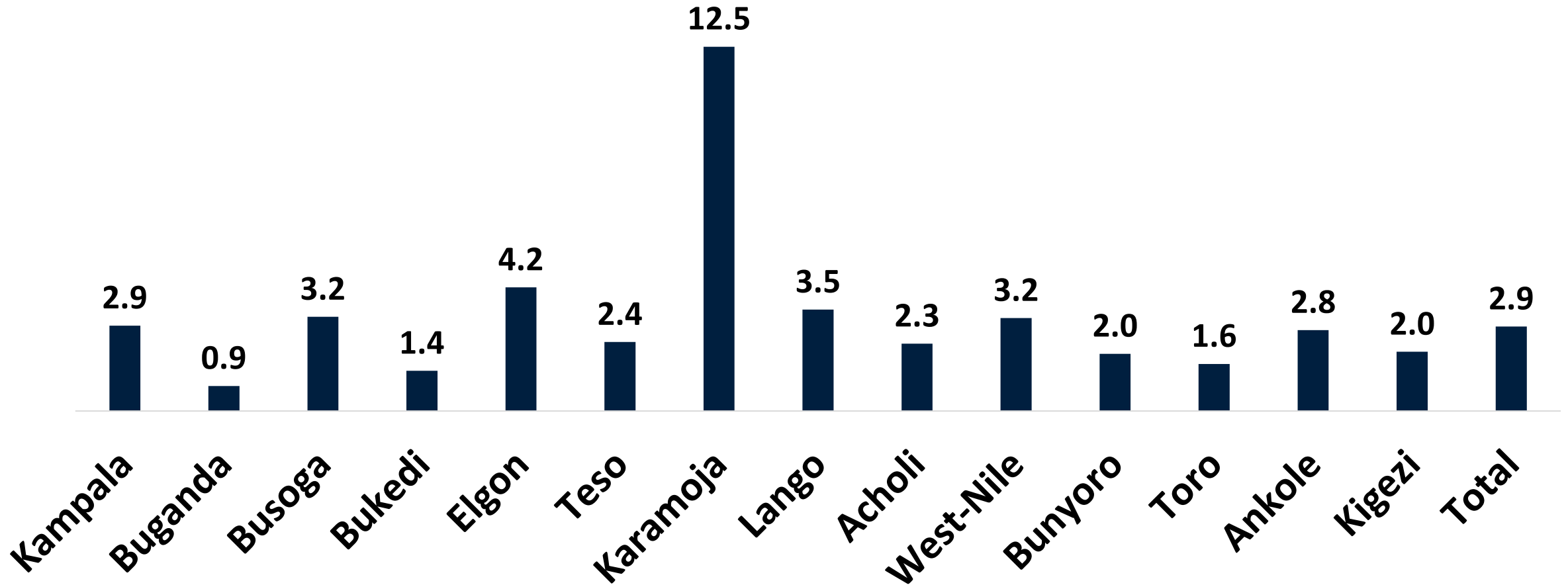
STUNTING BY SUBREGION, 2022

Percent of children 6-59



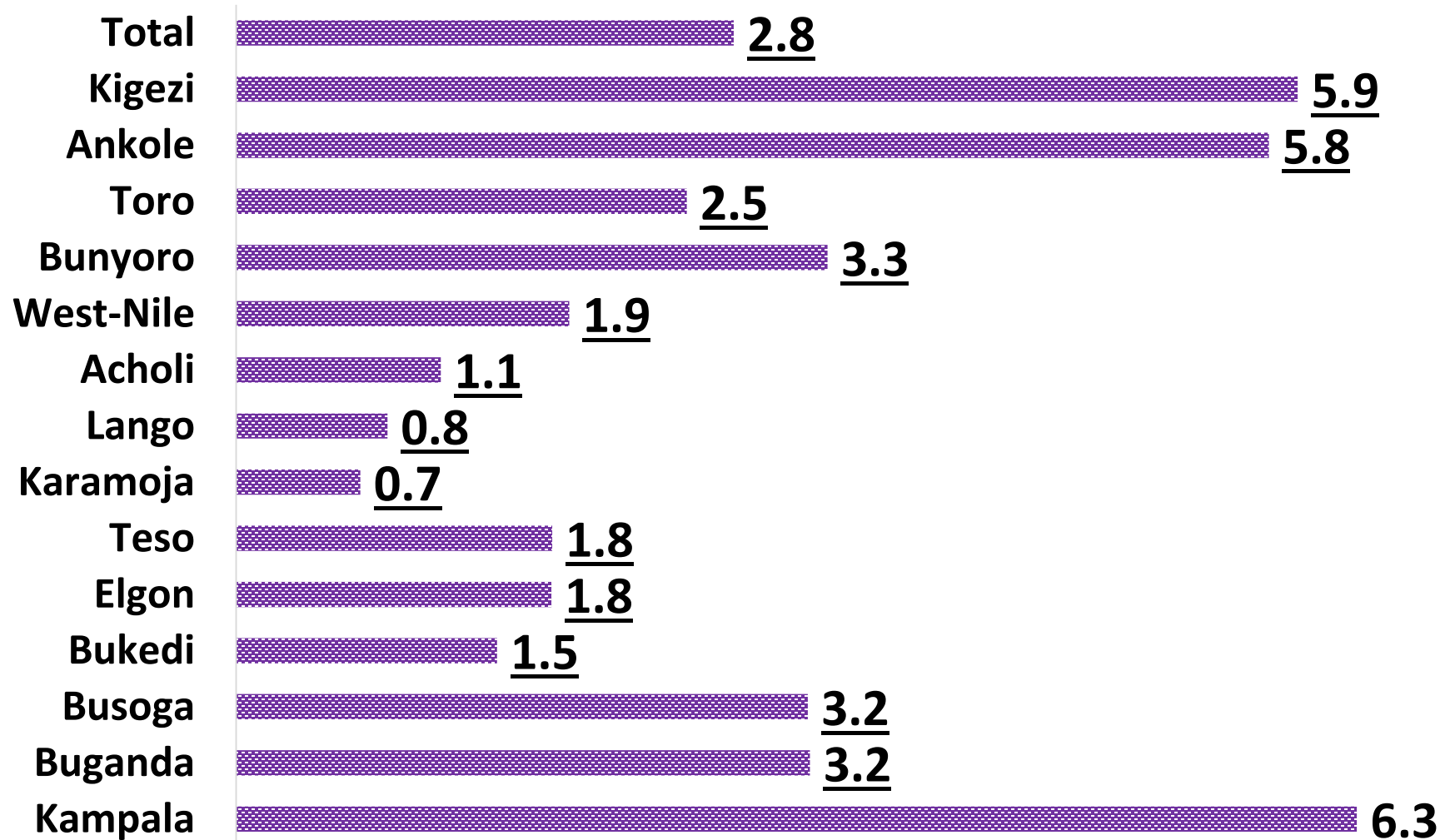
WASTING BY SUB-REGION

Percent of children 6-59



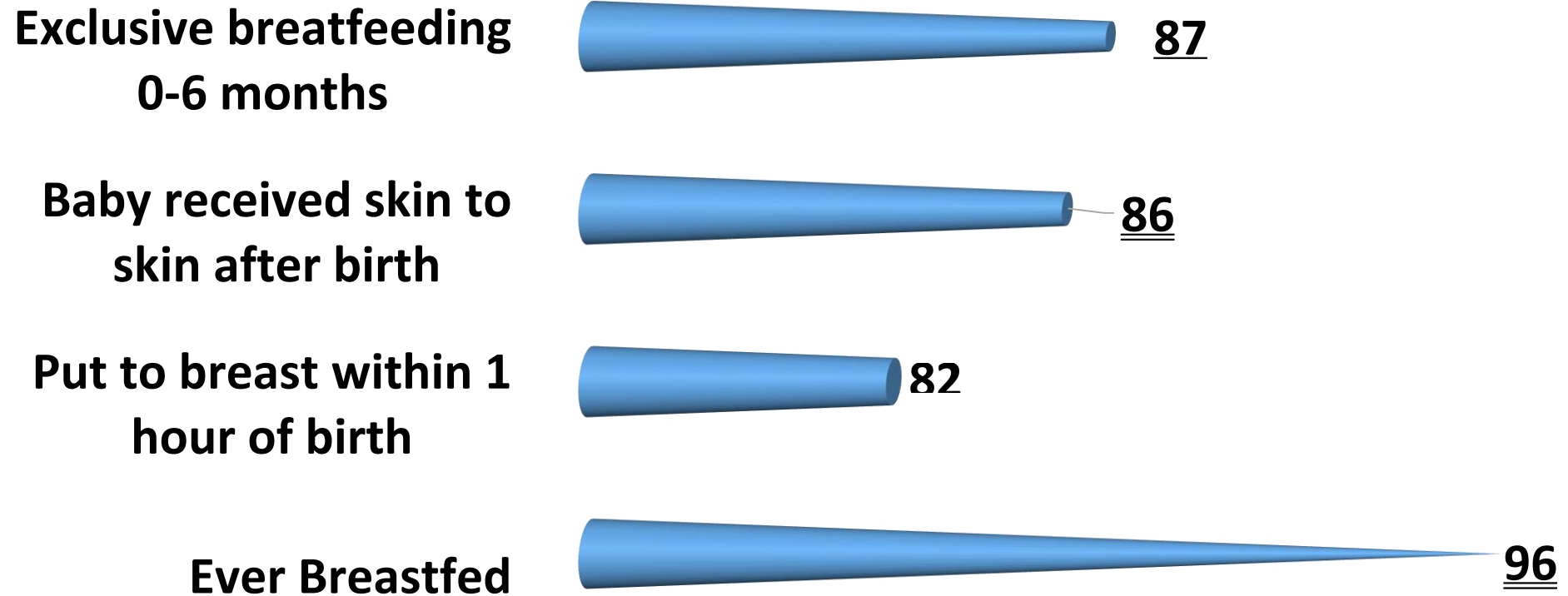
OVERWEIGHT BY SUB-REGION, 2022

Percent of children 6-59



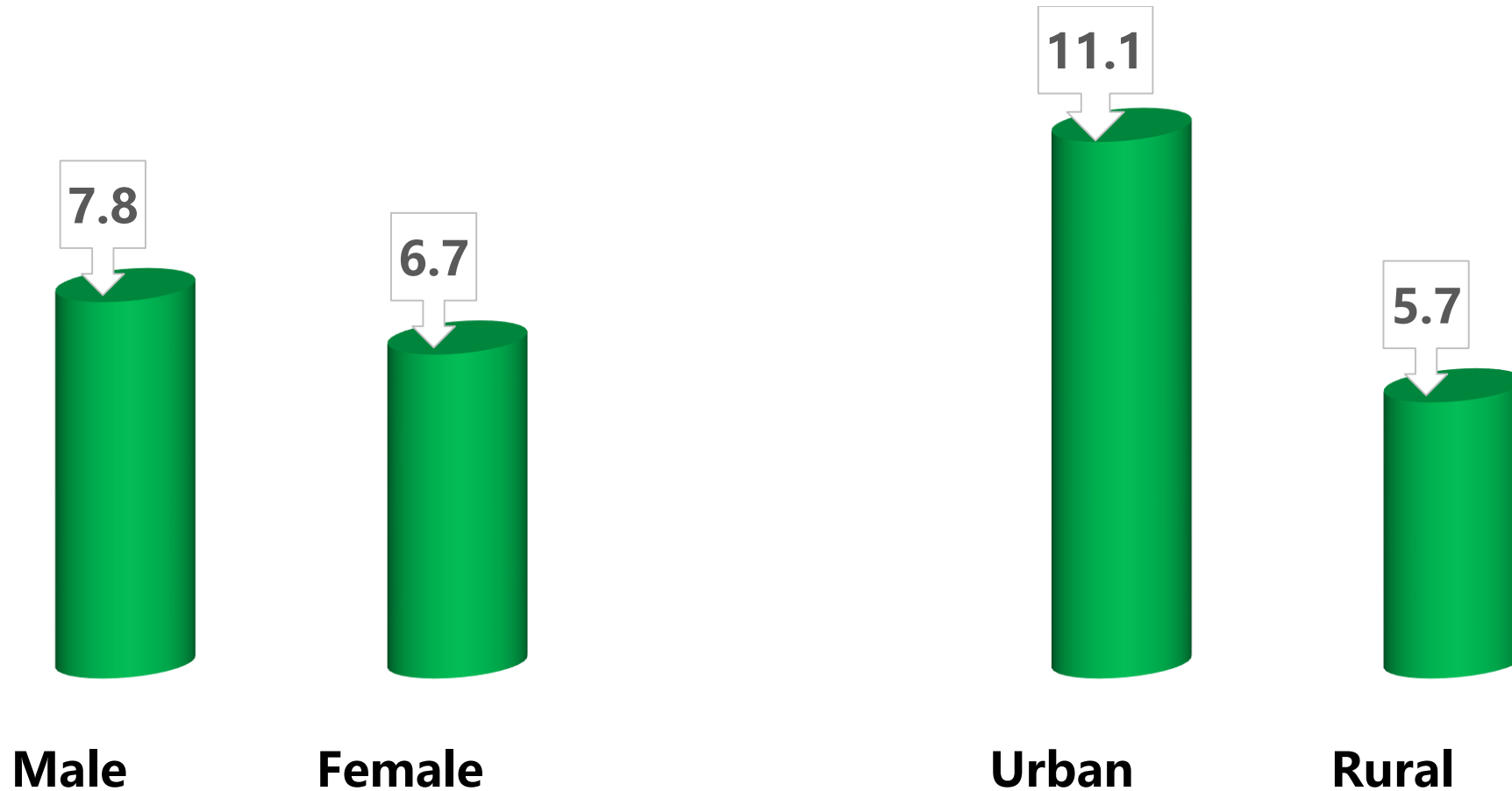
EARLY BREASTFEEDING, 2022

Percent of children under 2 years who were:



MINIMUM ACCEPTABLE DIET BY SEX & RESIDENCE

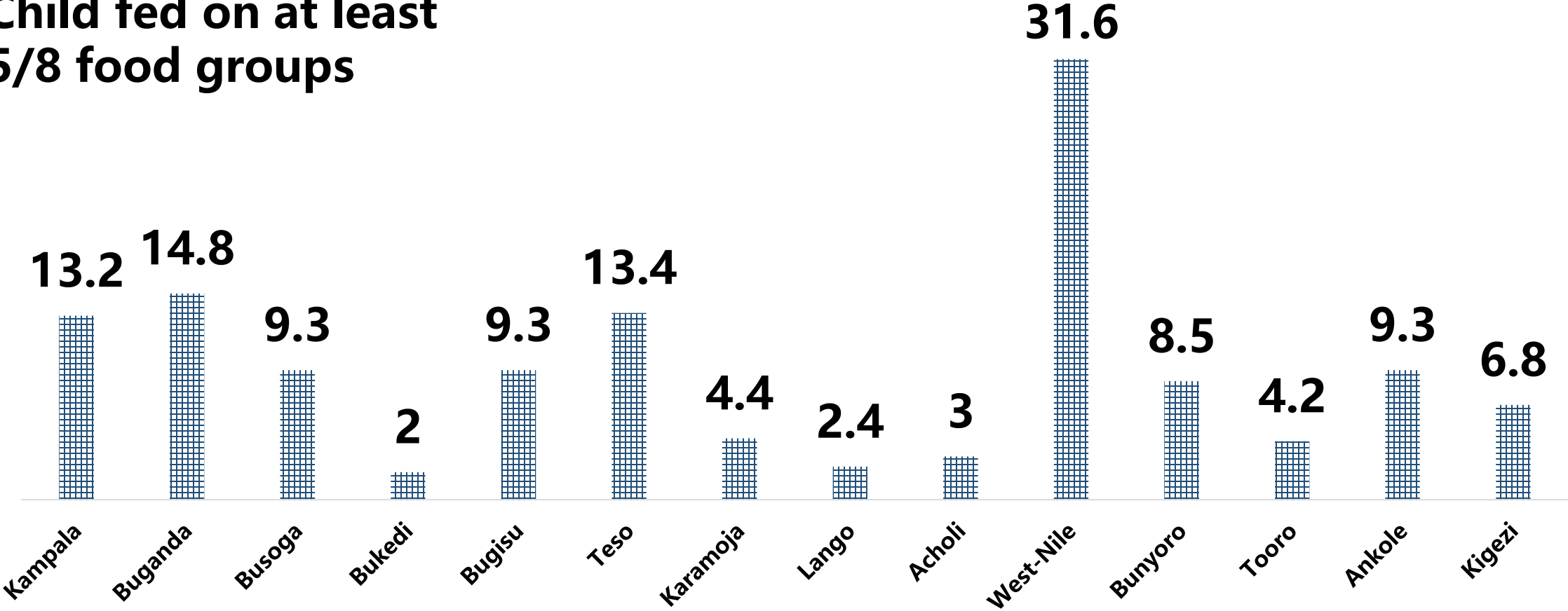
Percent of youngest children 6-23 months living with the mother



MINIMUM DIETARY DIVERSITY BY SUB-REGION

Percent of youngest children 6-23 months living with the mother

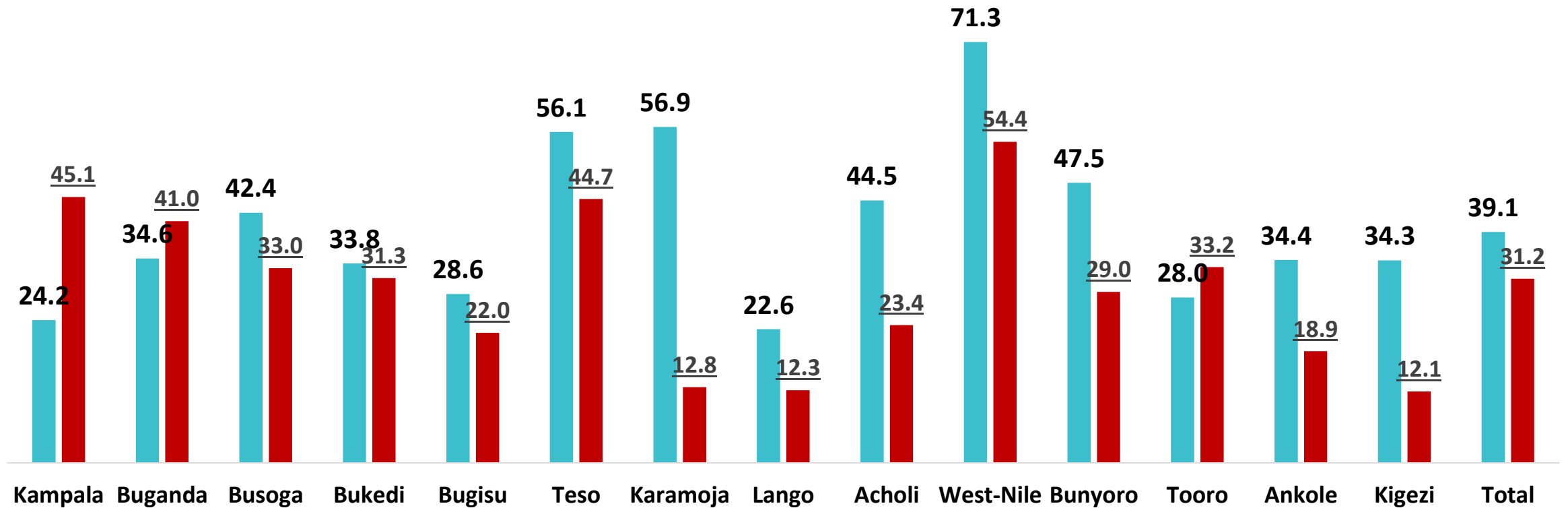
**Child fed on at least
5/8 food groups**



MICRONUTRIENT IN TAKE AND AMONG CHILDREN

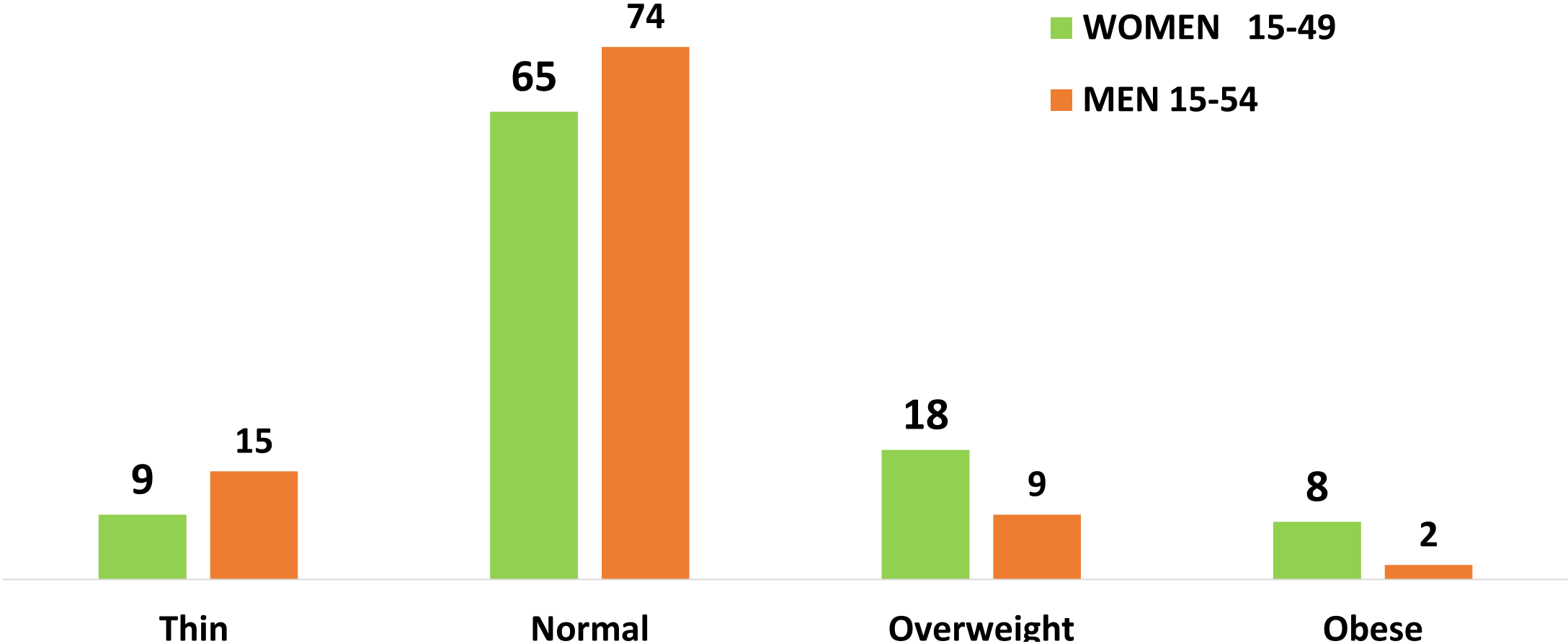
Percent of youngest children 6-23 months living with their mother

■ Consumed foods rich in vitamin A in past 24 hours ■ Consume d foods rich in iron in past 24 hours2



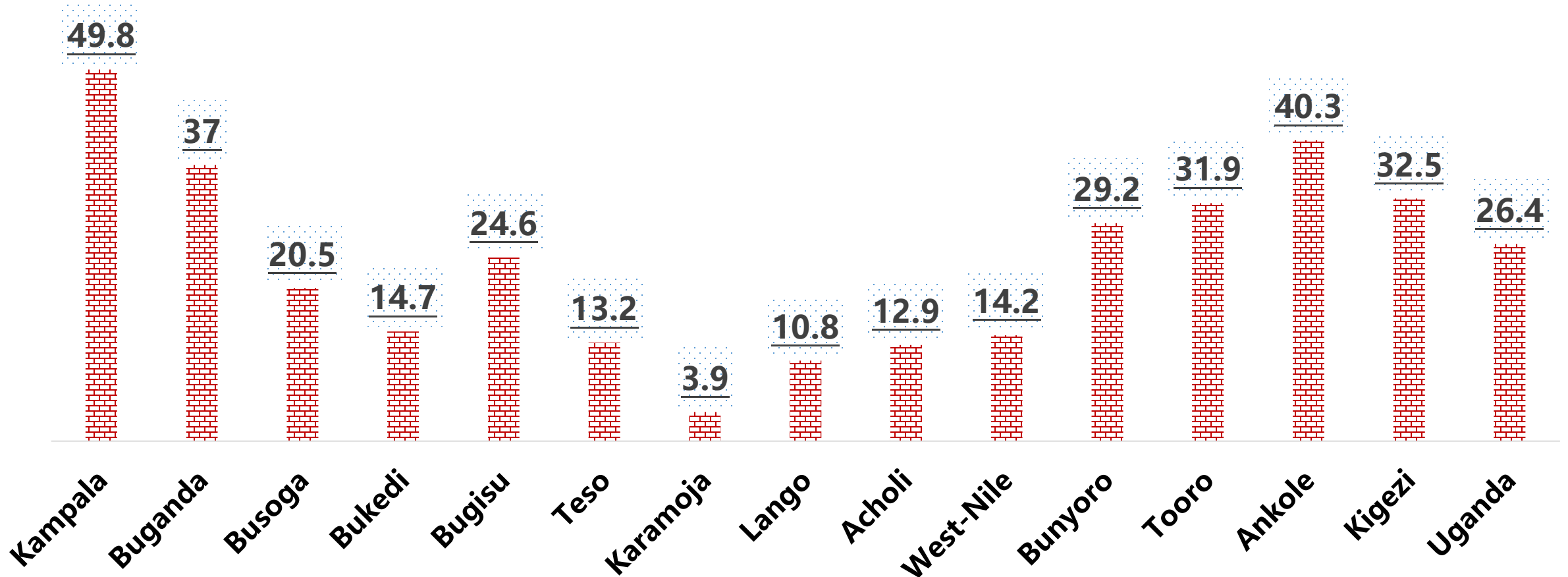
Trends in Nutritional Status of Women and men

Percent of women aged 15-49 and men aged 15-54

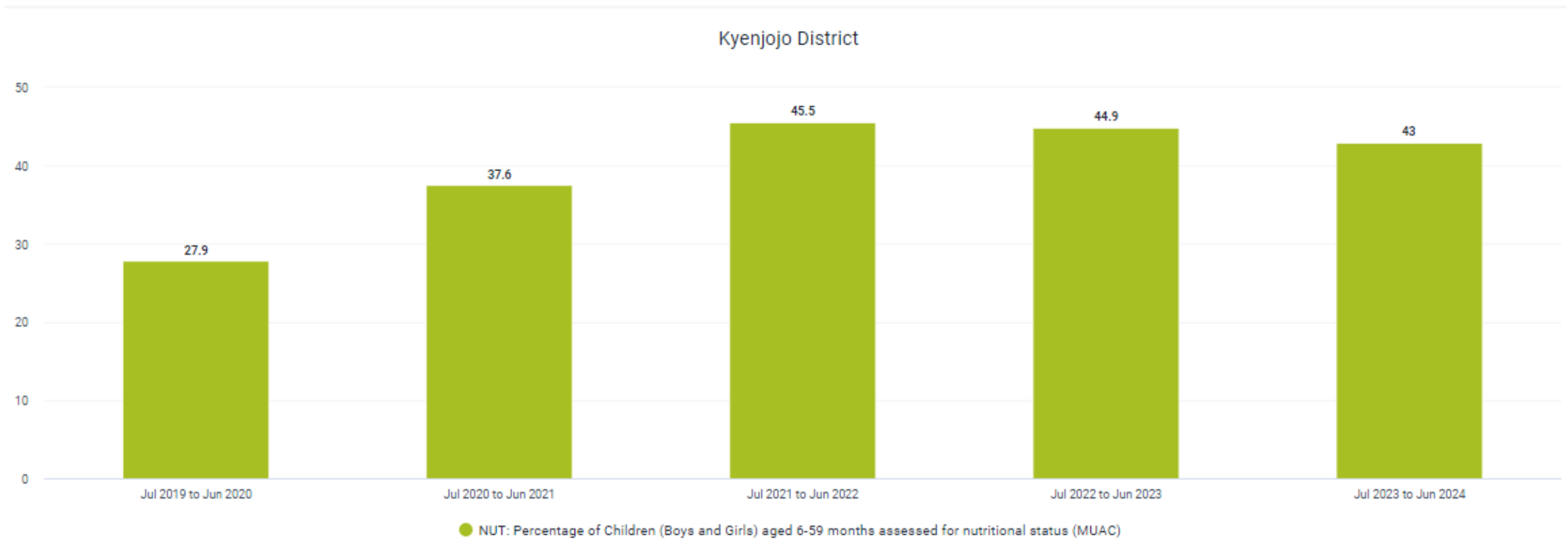


OBESE OR OVERWEIGHT WOMEN BY SUB REGION

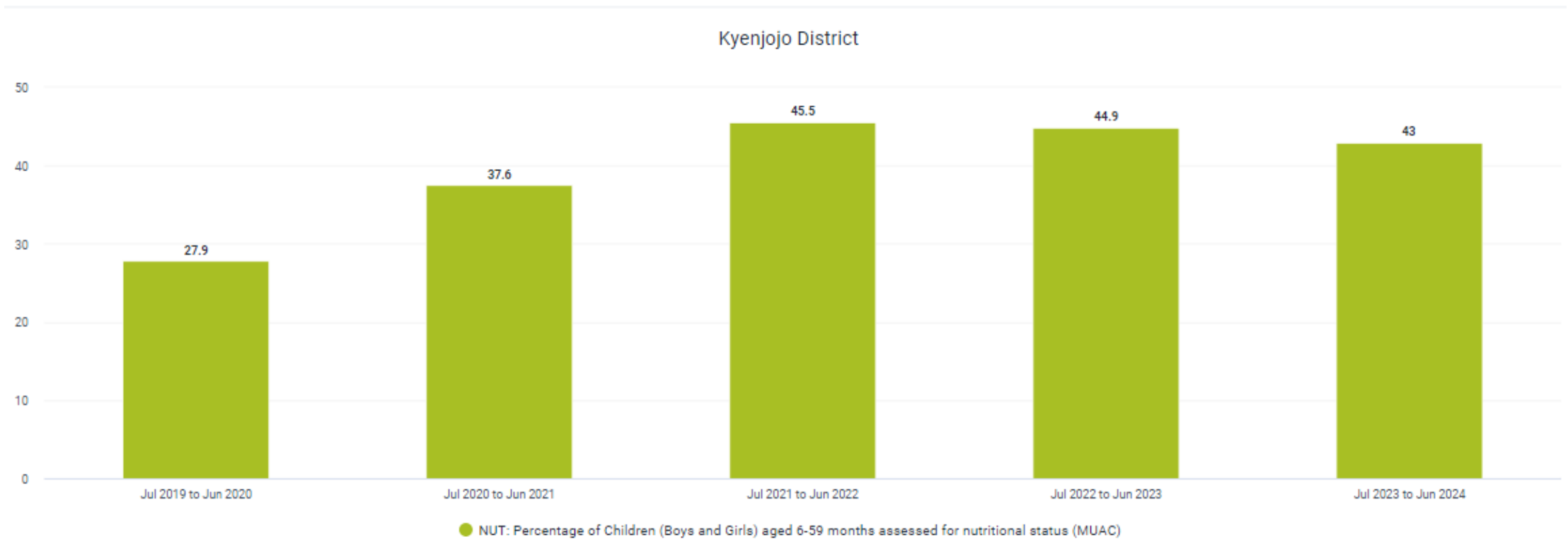
Percent of women aged 15-49



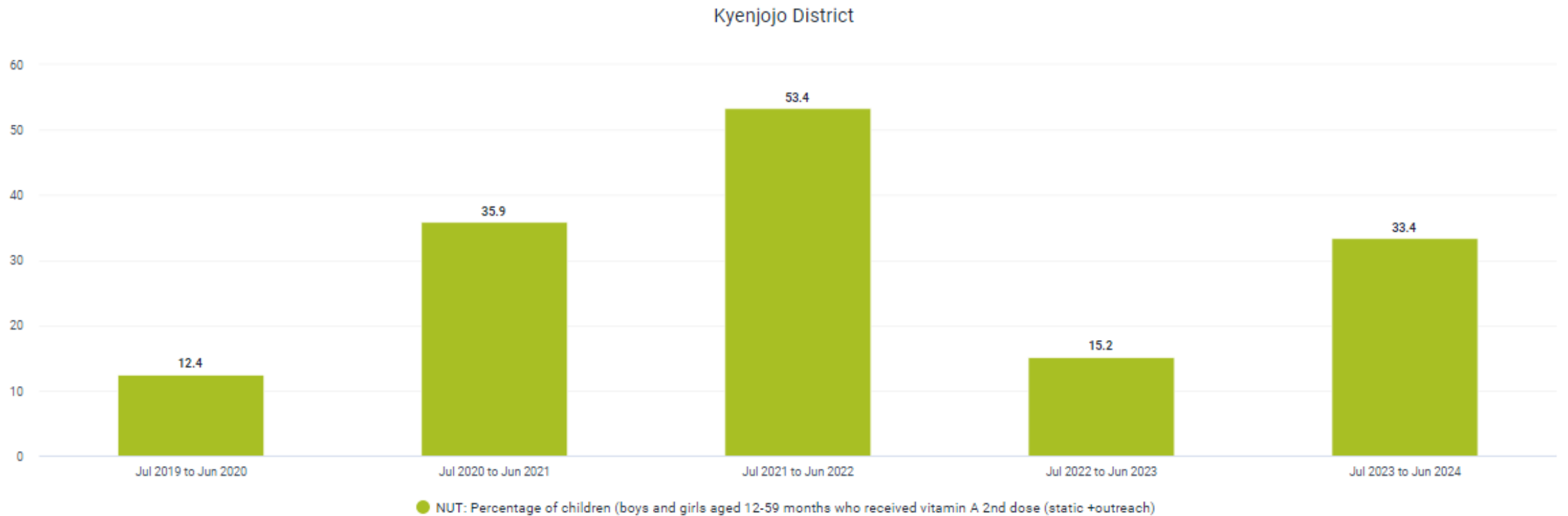
PERCENTAGE OF <5YRS ASSESSED MUAC



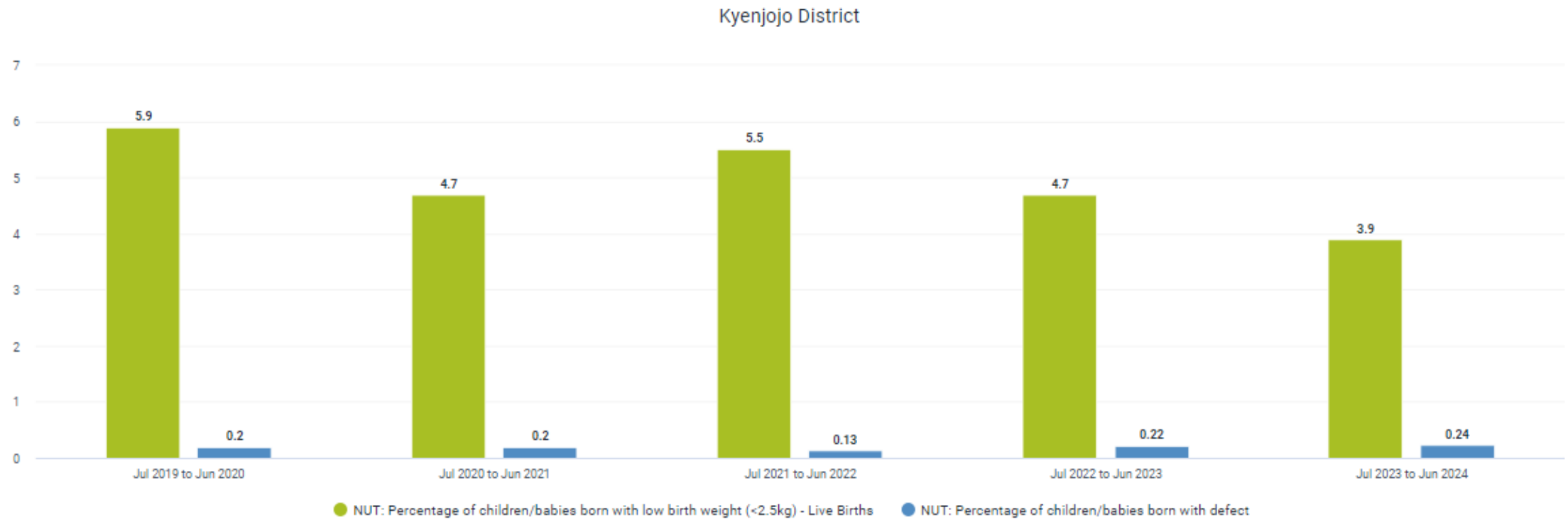
PERCENTAGE OF <5YRS ASSESSED MUAC



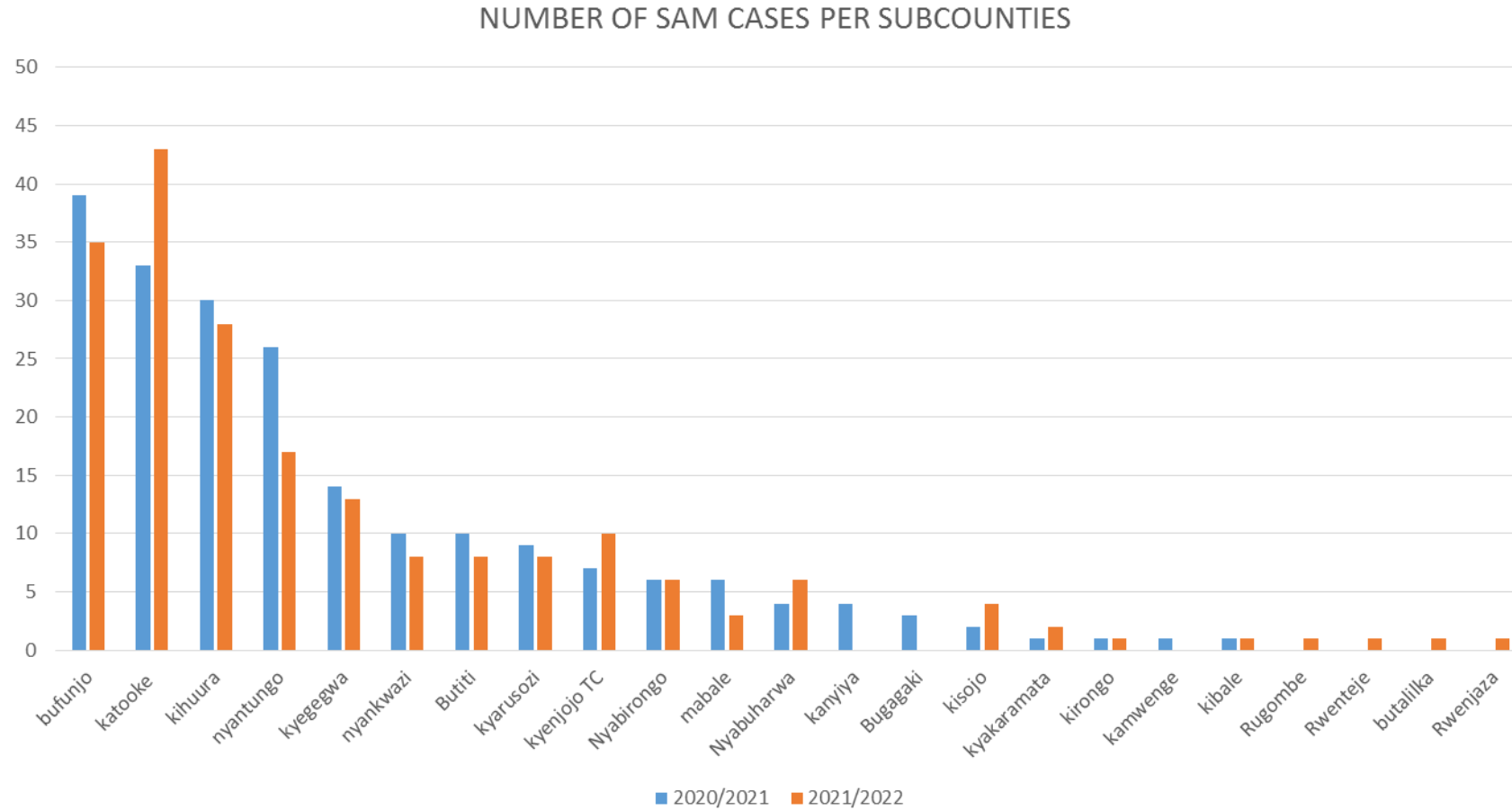
Vitamin A supplementation (2nd dose)



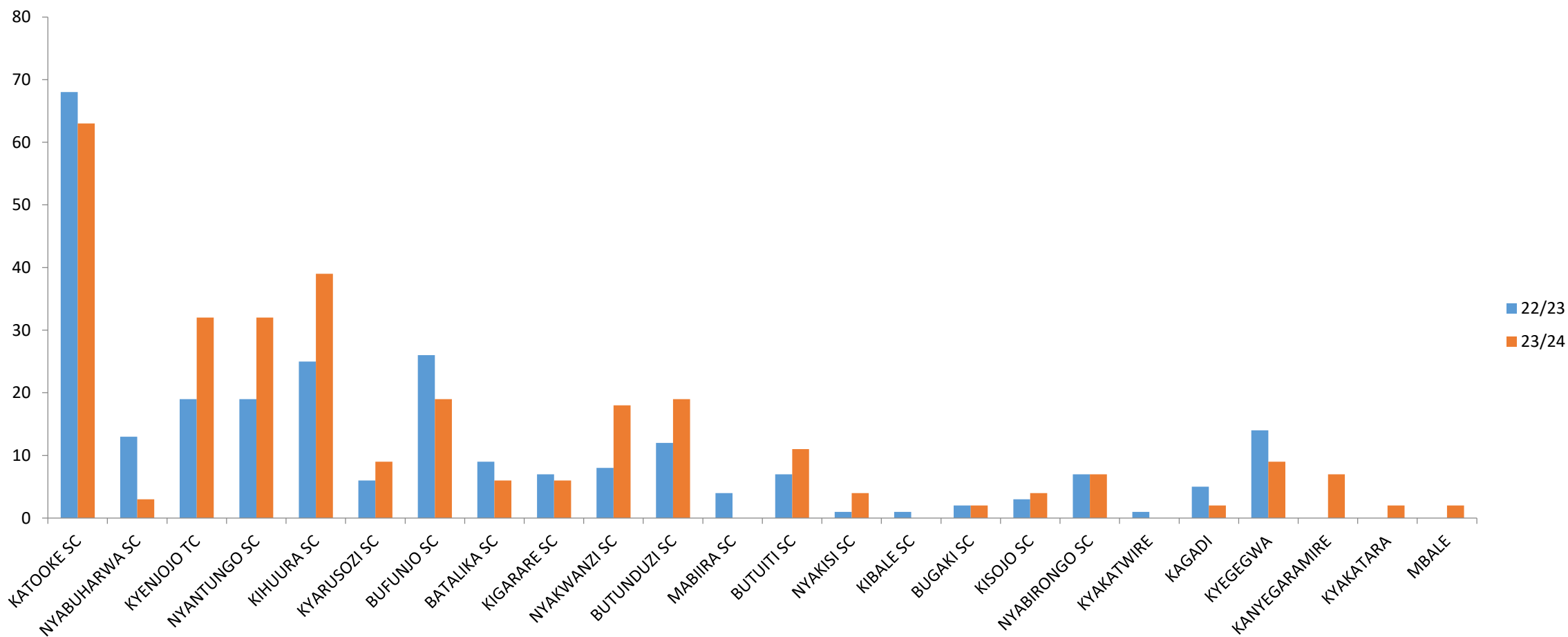
Percentage Of Babies Born With Low Birth Weight(<2.5kg)



SUBCOUNTIES WITH HIGH SAM CASES



NUMBER OF SAM PATIENTS REFERRED TO GENERAL HOSPITAL FROM SCs FY 22/23, 23/24



RECOMMENDATIONS

- Utilize the PDM for nutrition promotion
- Prioritize the nutrition outputs identified in the NDP IV and the Tooro regional consultative meetings to inform planning in the DDPs.
- Agro industrialization strategic intervention 2 –produce, multiply and distribute seeds and inputs
 - Outputs-train farmers on zero grazing, irrigation farming, among others
- Human capital
- Engagement of both local, national and international stakeholders



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**THANK
YOU**